Independence + Connectedness = The Recipe for Wellbeing

Jonathan Sherin, MD, PhD
Director of the Los Angeles County Department of Mental Health

Friday, April 27, 2018, from 12:00 pm – 1:00 pm
McKibben Hall 256 (MCH) 1333 San Pablo Street, Los Angeles, CA 90033
Refreshments will be provided.

Jonathan Sherin, M.D., Ph.D., is a longtime wellbeing advocate and the Director of the Los Angeles County Department of Mental Health (LACDMH). In this role, he oversees the largest public mental health system in the United States with a budget approaching $2.5 billion and serving over 250,000 residents. Prior to joining LACDMH, Dr. Sherin was chief medical officer and executive vice president of military communities for Volunteers of America, one of our nation’s largest direct service non-profits. Over the years, he has also served in a variety of clinical, academic, teaching, and administrative leadership positions. In his last such post, Dr. Sherin directed mental health for the Miami VA Healthcare System and functioned as vice-chairman of the Department of Psychiatry at the University of Miami. As an expert on veteran issues, Dr. Sherin has testified to Congress on challenges faced by members of the military community, specifically as they relate to trauma, recovery, reintegration, and the risk of homelessness and suicide. As a researcher, Dr. Sherin has published in the fields of neurobiology and psychiatry – including a seminal article in “Science” magazine that features his work identifying a core sleep circuit in mammals (the “sleep switch”). He also received the prestigious Kempf Award from the American Psychiatric Association for his conceptual model of the psychotic process. Dr. Sherin is currently a volunteer clinical professor of psychiatry and behavioral sciences at both UCLA and the University of Miami.